

# Glimpses of Kerala

09 Nights/10 Days

Cochin -1, Munnar -2, Periyar -1, Kumarakom -2, Alleppey -1, Kovalam -2

## Day 1

**COCHIN (ARRIVAL) + LSS 25 Kms**



Arrive Cochin, Check-in at Hotel. After Lunch, explore **Cochin** - We visit '**The Jewish Synagogue**' at the heart of what is locally called the Jew Town, '**The St. Francis Church**', the oldest European Church in India, '**The Santa Cruz Basilica**' originally built in 1557 by the Portuguese, '**The Dutch Palace**, **Spice market** at the narrow streets and the '**Chinese fishing nets**' are huge cantilevered fishing nets believed to have brought to Kochi by Chinese traders. **(Please note: Jewish synagogue & Dutch palace are closed on Friday & Saturday).**

Evening visit the famous dance drama of Kerala, the "**Kathakali**" This dance can be characterized by grotesque gesticulations, amazing costumes and very extensive make-up. The stories are mostly taken from the epics Mahabharatha and Ramayana. Back to hotel. Overnight stay.

## Day 2

**COCHIN - MUNNAR (135 Kms/04 Hrs)**



Early morning leave for Munnar (with packed breakfasts) en-route, visit **Kodanad Elephant Orphanage**. Located 85 kms/ approx 1 hrs 30 min away from Kochi, Kodanad is set on the southern banks of the Lake Periyar and amid the beautiful high ranges. It is an interesting place where about in total 11 elephants are taken care off.

Arrive Munnar by afternoon and check in at your hotel.

Munnar is surrounded by about 30 tea estates, amongst the highest in the world and a forest that is still rich in wildlife. The luxuriant forest is hung with pepper vines and the hills around Munnar are covered with the rare Neelakurunji plant which flowers only once in every 12 years.

Later enjoy an orientation tour of the city. Drive past the local fruit and vegetable market where people throng daily for fruits, vegetables and other household goods. Visit the **tea museum** where you can witness the process of making Tea. Culminate the tour with a visit to a beautiful local church. Overnight stay.

### Day 3

#### MUNNAR + LSS 50 Kms



After breakfast, witness a fun activity of elephants the mahouts take the elephants to nearby river body to give them a bath. The mahouts scrubbed their bodies with outer part of the Coconut. As Elephants are fond of water, they enjoy this exercise really well.

**Note: This activity is done in morning only (0730 - 0930 hrs) as afterwards the Elephants are taken on their normal routine work.**

Later visit **Eravikulam National Park** is 15 kms from Munnar and has an area of 97 km<sup>2</sup>. The park is located along the Western Ghats and has the largest viable population of the Nilgiri Tahr. The park also has other animals such as Nilgiri marten, ruddy mongoose, small clawed otter, dusky striped squirrel, Sambar Deer, Golden Jackal, Wild Dog, Indian Porcupine, Funambulus etc. There are many species of birds too such as Nilgiri Wood Pigeon, White Bellied Short wing, Black-and-orange Flycatcher etc.

### Day 4

#### MUNNAR - PERIYAR (160 Kms/04 Hrs)



After breakfast, checkout and drive to Periyar. **Periyar Tiger Reserve** lies in the Western Ghats in the Idukki District of the Indian state of Kerala. . It was declared a Tiger Reserve in 1978. The Sanctuary was extended to 777 sq. km. in 1950 and renamed as Periyar Wildlife Sanctuary. The core area of the Reserve, 350 sq. km. was declared a National Park in 1982. In this reserve there are about 49 species of mammals, 265 species of birds, 36 species of reptiles, 12 species of amphibians, 35 species of fishes and 160 species of butterflies have been identified so far. Check-in at Hotel. Then proceed for Guided **Spice Plantation tour**, Followed by **Elephant ride (20 minutes)**. Back to hotel by evening. Overnight stay.

### Day 5

#### PERIYAR - KUMARAKOM (130 Kms/03.15 Hrs)



After breakfast drive to Kumarakom. En-route stop at **Spice Plantation for a sumptuous lunch.** Arrive by afternoon and check-in to your resort. Rest of the day will be at leisure to enjoy the waterfront. Overnight stay.

## Day 6 KUMARAKOM



Day will be at leisure. Experience the ancient science of life - Ayurvedic massage available at the hotel. Overnight stay.

## Day 7 KUMARAKOM - ALLEPPEY (40 Kms)



Following a leisurely breakfast, embark on the traditional Rice barge (House boat) to **Alleppey** – Land of Backwater situated on the banks of Vembanad Lake, Alleppey also known as Alapuzzha - is one of the most magnificent Backwaters destinations of the Kerala state. Set in the labyrinth of Backwater channels and bridges the town is one of the best gateways to explore the unspoiled natural beauty of the countryside. Apart, Alleppey is known for the production of the high quality coir goods, rice bowl of Kerala, boasts of a diverse variety of fauna and its famous annual Snake Boat Race festivals on arrival Check-in to **House Boat** – Lunch in House Boat.

Afternoon House boat takes you on a tour through the backwaters, a splendid area full of canals, lakes and coves. You can sunbathe on the deck or observe the landscape from the protection of the cabin. The population's whole life takes place here on the water. The people sail, fish, swim and bathe here. They do their washing and their washing up. They are so adapted to the water that you can see people talking for an hour, while they are up to their necks in water. Peddlers take care of the supplies and the public transport goes on the water. Countless water birds wait for their chance to catch a fish. The trip goes through a wonderful area full of palm trees, rice fields and floating water plants that surround the boat like emerald Green Island. Evening leisure House boat. Overnight on board.

## Day 8

### ALLEPPEY - KOVALAM (180 Kms/04.30 Hrs)



After breakfast, disembark from the comforts of your house boat and drive to Kovalam.

Afternoon arrive in Kovalam and check in at your hotel. Remainder of the afternoon will be at leisure for relaxation and independent/spa activities.

**About Kovalam** - Just 16 km from the capital Trivandrum, on the coast of the Arabian Sea is situated Kovalam. Because of its beaches Kovalam belongs to one of the renowned Destinations for leisure. Kovalam means a grove of coconut trees. The crescent-shaped beach has three parts. The most popular, is lighthouse beach, the Hawah beach and Samudra beach. A golden strip of sand, laced with palm trees, this internationally acclaimed, lush, tropical beach is often referred to as "the Paradise of the South". The Sun bathing, Swimming, Ayurvedic Rejuvenation, Yoga and meditation, Herbal body toning massages, Special Cultural Programmers, Catamaran cruising; etc are the other attraction of this place. Day is leisure on the beach. Overnight stay.

## Day 9

### KOVALAM - TRIVANDRUM - KOVALAM + LSS (50 Kms)



After Breakfast, visit to a local **Kalarippayattu** training school. Kalarippayattu is one of the oldest Marshal Art techniques in existence. It is mainly practiced in Kerala. It includes strikes, kicks, grappling, preset forms, weaponry and healing methods. Witness the morning practice session and interact with performers.

Later enjoy an excursion to Chala Market in Trivandrum. An old shopping area in the city; the market is spread through the narrow 2 km road There is virtually nothing that is not available in Chala, from fruits and vegetables, gold and silver to paint and hardware. Later visit **Padmanabha Swamy Temple** - The temple is located inside the East Fort. Dedicated to Lord Vishnu, & a blend of the Kerala and Dravidian styles of architecture. It is known for its Mural Paintings and Stone Carvings. One among the 108 sacred Vishnu Temples in India, the presiding deity in here is Lord Vishnu reclining on anantha the serpent.

Return to hotel. Remainder of the day will be at leisure for relaxation and independent/spa activities.

**Day 10**

**KOVALAM - TRIVANDRUM (20 Kms/45 Mins)**



After breakfast, drive to trivandrum International airport for your flight to onward destination.